

Calendrier saisonnier Bio Suisse

LÉGUMES	janv.	fév.	mars	avril	mai	juin	juill.	août	sept.	oct.	nov.	déc.
Choux-fleurs					●	●	●	●	●	●	●	●
Haricots						●	●	●	●	●		
Brocolis					●	●	●	●	●	●	●	
Petit-pois						●	●					
Fenouil					●	●	●	●	●	●	●	
Choux rouges	●	●	●	●	●	●	●	●	●	●	●	●
Choux blancs	●	●	●	●	●	●	●	●	●	●	●	●
Pois mange-tout						●	●					
Ail	●	●						●	●	●	●	●
Choux-raves			●	●	●	●	●	●	●	●	●	
Côtes de bette			●	●	●	●	●	●	●	●	●	
Poireaux	●	●	●	●	●	●	●	●	●	●	●	●
Rhubarbe				●	●	●						
Choux de Bruxelles	●									●	●	●
Asperges				●	●	●						
Céleris en branche					●	●	●	●	●			
Choux frisés	●	●	●	●		●	●	●	●	●	●	●
Maïs								●	●	●		
Oignons	●	●	●	●	●	●	●	●	●	●	●	●
POMMES DE TERRE												
Pommes de terre printanières p. ex. Agata, Lady Cristl					●	●	●	●	●			
Pommes de terre de garde fermes à la cuisson, ligne verte	●	●	●	●	●	●	●	●	●	●	●	●
Pommes de terre de garde farineuses, ligne bleue	●	●	●	●	●	●	●	●	●	●	●	●
SALADE ET LÉGUMES À FEUILLES												
Batavia			●	●	●	●	●	●	●	●	●	●
Chicorée	●	●	●	●							●	●
Chou chinois	●	●	●		●	●	●	●	●	●	●	●
Chicorée à feuilles rouges	●	●	●			●	●	●	●	●	●	●
Feuille de chêne, salade verte, laitue, laitue à couper			●	●	●	●	●	●	●	●	●	
Salade iceberg				●	●	●	●	●	●	●	●	●
Endives	●				●	●	●	●	●	●	●	●
Lollo			●	●	●	●	●	●	●			
Doucette	●	●	●	●	●	●	●	●	●	●	●	●
Roquette			●	●	●	●	●	●	●	●		
Epinards			●	●	●	●	●	●	●	●		
Chicorée pain de sucre	●	●			●	●	●	●	●	●	●	●
FRUITS LÉGUMIERS												
Aubergines					●	●	●	●	●	●		
Concombres				●	●	●	●	●	●	●		
Courges	●							●	●	●	●	●
Poivrons						●	●	●	●	●		
Tomates					●	●	●	●	●	●	●	●
Courgettes					●	●	●	●	●	●		
LÉGUMES-RACINES												
Carottes	●	●	●	●	●	●	●	●	●	●	●	●
Céleris-pommes	●	●	●	●	●	●	●	●	●	●	●	●
Radis		●	●	●	●	●	●	●	●	●	●	●
Betteraves	●	●	●	●	●	●	●	●	●	●	●	●
Raifort				●	●	●	●	●	●	●	●	●
Radis noirs	●	●	●	●	●				●	●	●	●
HERBES AROMATIQUES												
Basilic						●	●	●	●			
Cresson			●	●								
Persil					●	●	●	●	●	●	●	
Ciboulette				●	●	●	●	●	●	●		
FRUITS												
FRUITS À PEPINS												
Pommes (précoces): summerred, gravenstein, primerouge, retina, galmac								●	●	●		
Pommes (tardives): cox orange, elstar, kidd's orange, rubinette	●	●							●	●	●	●
Pommes (de garde): ariwa, boskoop, braeburn, florina, gala, golden delicious, goldrush, idared, maigold, topaz, entre autres	●	●	●	●	●	●	●		●	●	●	●
Poires (tardives): trévoux, guyot, williams								●	●	●		
Poires (de garde): louise-bonne, conférence, empereur Alexandre/beurré bosc, packhams, uta	●	●	●	●					●	●	●	●
Coings										●	●	●
FRUITS À NOYAUX												
Abricots						●	●	●				
Cerises						●	●	●				
Mirabelles							●	●	●			
Nectarines							●	●	●			
Pêches							●	●	●			
Prunes								●	●	●		
Pruneaux								●	●			
BAIES												
Mûres							●	●	●	●		
Cassis							●	●	●			
Fraises					●	●	●	●	●			
Myrtilles					●	●	●	●	●			
Framboises						●	●	●	●	●	●	
Sureau								●	●			
Groseilles							●	●	●			
Canneberges							●	●	●			
Groseilles à maquereau							●	●				
AUTRES												
Kiwis	●	●	●							●	●	●
Raisin									●	●	●	
Noix	●	●								●	●	●

Remarque: Le présent calendrier porte uniquement sur les produits d'origine Suisse. La disponibilité des différents produits peut varier en fonction des conditions climatiques. Le début, ou la fin d'une saison peut ainsi être avancée ou reportée de deux semaines au plus.